

DECEMBER 2011

THE SPA PROFESSIONAL'S CHOICE

american spa

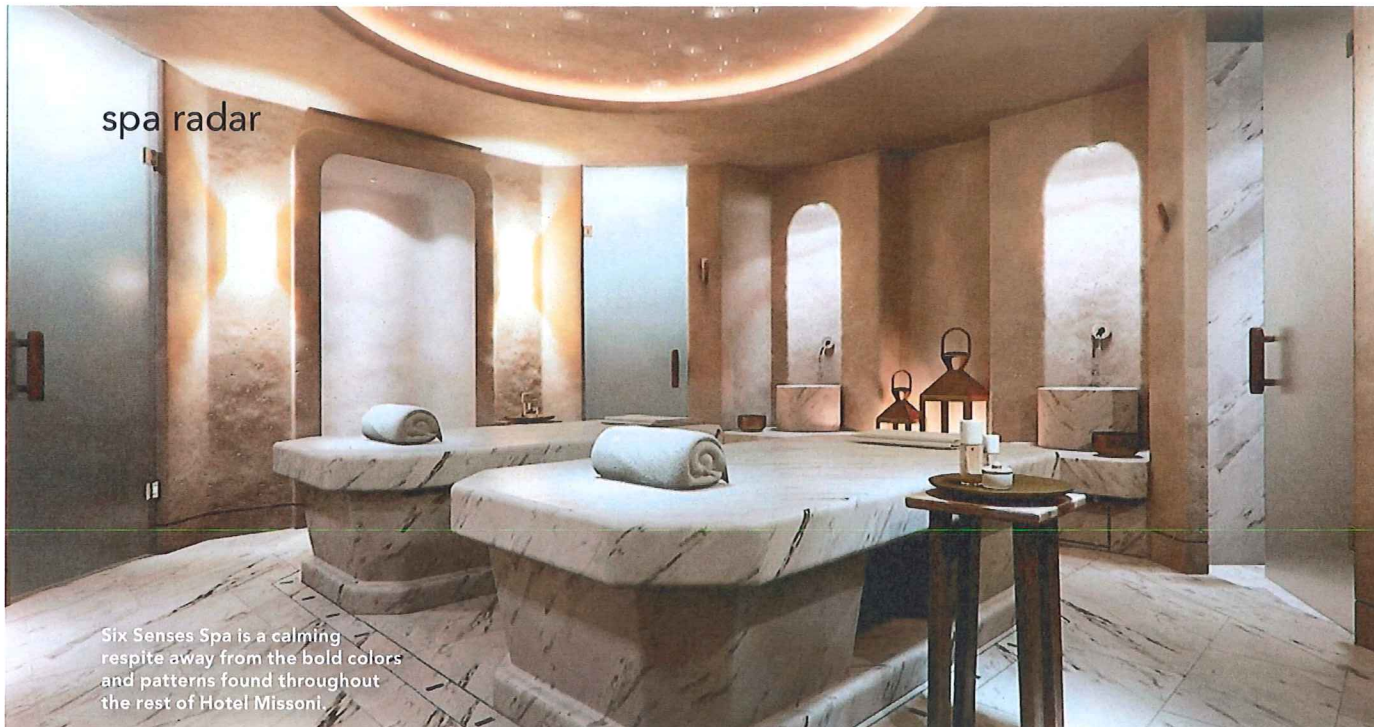
www.spatrade.com

COASTAL CHIC

THE RITZ-CARLTON SPA, LAGUNA NIGUEL (CA)



spa radar



Six Senses Spa is a calming respite away from the bold colors and patterns found throughout the rest of Hotel Missoni.

arabian nice

Located on the famous Arabian Gulf Road overlooking the Salmiya seafront, Hotel Missoni Kuwait has been attracting fashion-forward guests since it opened this past summer. Accented with bold patterns and bright colors that the Italian designer Rosita Missoni is known for, the 18-story hotel is as busy and bustling as the streets of the fashionable Symphony Centre, located just blocks away. But those looking for a respite can find an escape on the second floor of the hotel at the **Six Senses Spa**. Featuring 13 treatment rooms, including two hammams, the spa offers signature treatments and traditional Asian therapies, as well as locally inspired treatments using organic ingredients such as dates, olives, and Arabic spices. Some of the most popular treatments include Sweetness Dates (\$399, 3 hours 30 minutes), which features a body polish with rice and Arabic herbs followed by a warm honey and date wrap, and the Gulf Spices Ritual (\$326, 2 hours 30 minutes), which includes a detoxifying bath with ginger and Gulf sea salt and a massage using frankincense oil. At the Six Senses Spa, guests realize that, while trends may come and go, spa-ing is always in fashion.—*N.M.*

Honey Do

Napa Valley spa-goers are sure to be sweet on the new honey-infused spa treatments at **Bathhouse Spa** at Calistoga Ranch, an Auberge Resort (CA). The treatments, part of the hotel's Bee Well initiative, incorporate honey produced from two honeybee colonies consisting of more than 60,000 bees provided by the Napa Valley Bee Company. The initiative includes a mobile observation beehive, classes for guests, and honey-inspired spa treatments. Fall treatments included the Bee Well Body Massage (\$150, 60 minutes; \$230, 90 minutes); Milk & Honey Indulgence Body Wrap (\$300, 2 hours); Lavender Honey Milk Bath (\$85, 30 minutes); Rosemary Honey Hair & Scalp Treatment (\$100, 45 minutes); and Honey Foot Treatment (\$150, 60 minutes). Additionally, Calistoga Ranch has partnered with Michele Steinert, owner of Michele's Apothecary in Sonoma County, to offer an exclusive line of spa products made of honey and other natural and organic ingredients. Says general manager Coni Thornburg, "With programs like 'Bee Well,' we are not just leading the way in sustainable practices but also pioneering developments to provide our guests with the most innovative and advanced eco-luxury programs."—*Nicole Altavilla*



PHOTOGRAPHY: SHUTTERSTOCK (BEES)