

C *weddings*

CALIFORNIA STYLE

FIVE EXQUISITE OUTDOOR CEREMONIES

- * *Sonoma*
- * *Carmel Valley*
- * *Brentwood*
- * *Malibu*
- * *Jalama Canyon*

PLUS *The ultimate
destination wedding*

PLAYING HOUSE

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Gifts in Golden
State Style

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A Dazzling Rainbow
of Ruby, Emerald and
Sapphire Rings

The Most Incredible Day

GOWNS, INVITATIONS, BOUQUETS, MENUS,
FAVORS, FLORALS, DESSERT TABLES, TIARAS,
TROUSSEAUS AND HONEYMOONS

SPRING WEDDINGS 2011 \$7.99
ISSUE 01-11



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beauty

Couples Therapy

Top California spas prescribe the ultimate remedies for pre-wedding jitters



SOLAGE CALISTOGA
Melt into the Mellow Me Out lava-coconut, full-body exfoliation with a massage, plus a botanical hair renewal treatment. Or the Have it all Facial, with oxygen treatment and collagen-boosting DermaLucent light, ends head to toe with a decadent foot rub. solagecalistoga.com.

PELICAN HILL, NEWPORT COAST
Based on royal Balinese bridal treatments, the Lulur Italiano commences with a Jamu massage to increase circulation. A sugar-based scrub with exotic flowers softens skin before a bath, and a Swedish massage. pelicanhill.com.



RANCHO VALENCIA, RANCHO SANTA FE Invigorate with the Rosemary Drench, a 60-minute, peppermint-scented glycolic body peel, shower and herbal massage. Try a Maximum Firming Collagen Facial that uses micro-current technology for a toning, "pilates for the face" effect. Finally, a Seaside Secrets body wrap draws from the deep with a seaweed cocoon. ranchovalencia.com.

COLD FEET CURES

The Fairmont, Sonoma Watsu floating massage and a Chardonnay-Olive Oil sugar scrub. **Rosewood Sand Hill, Menlo Park** Gold Rush Renewal sugar scrub infused with 24-karat gold. **Ojai Valley Inn & Spa** Personal Mandala class to provide insights before the big day. **Ventana Inn & Spa, Big Sur** Ocean Salt Exfoliation body scrub and astrology readings. **Four Seasons Biltmore, Santa Barbara** Rosehip and Olive Body Wrap.

CALISTOGA RANCH
Start with The Restoration—a mineral-salt body scrub and plunge into a soothing mudbath—then breathe in the eucalyptus and bay laurel oils used in the Classic Ranch Massage. calistogaranch.com.



PELICAN HILL SPA: COURTESY PELICAN HILL RESORT



A Laurie Arons dinner at the Calistoga Ranch Lakehouse.

Pre-Party Panache

Laurie Arons has long been planning nuptials of extreme elegance for some of society's most recognizable couples (Vanessa and Billy Getty, for one). Since not every bride and groom can snag Arons or her new and exclusive collaborator, superchef Tyler Florence, she offers here her ideal selections for convivial rehearsal dinner venues throughout the state:

INVERNESS Manka's Inverness Lodge. **MARSHALL** Hog Island Oyster Co. **PHILO** Goldeneye Winery. **CALISTOGA** The Lakehouse at Calistoga Ranch. **NAPA** Angèle Restaurant's patio. **CARMEL-BY-THE-SEA** Casanova. **RUTHERFORD** Hall Winery wine cave. **CARMEL VALLEY** Holman Ranch. **SAN FRANCISCO** Wayfare Tavern's third floor. **SAUSALITO** Cavallo Point. **YOUNTVILLE** Paraduxx Winery. **ST. HELENA** Durham Ranch (through Paula LeDuc Fine Catering). **MONTECITO** San Ysidro Ranch. **SANTA BARBARA** The Wine Cask. **DEL MAR** L'Auberge Del Mar.



PERFECT PAIRING

Al fresco menus call for a versatile Rosé—like the latest from **Scaggs Vineyard**. (Or make it a cocktail with ginger-infused **Domaine de Canton** and a splash of soda.)

2009 Scaggs Vineyard Rosé, Mt. Veeder, Napa, \$25, scaggsvineyard.com.



A wedding at the Vibiana in downtown L.A.

After Hours

A night of dancing calls for low-key comfort from CA's favorite meals on wheels: L.A.'s **Grilled Cheese Truck** griddles brie to an unctuous crisp, while donut ice cream from **Lake Street Creamery** satisfies the yen for nostalgia. In S.F., **Spencer On The Go!** proffers foie gras torchon on toasts, and S.D.'s **Miho Gastrotruck** takes fresh-from-the-farm-to-you (literally) for a spin.

*Old laws prohibit many wineries from hosting weddings, so unless you're marrying a vintner, vetting a private wine country estate with **Mint Locations** is the way to go. mintlocations.com.*