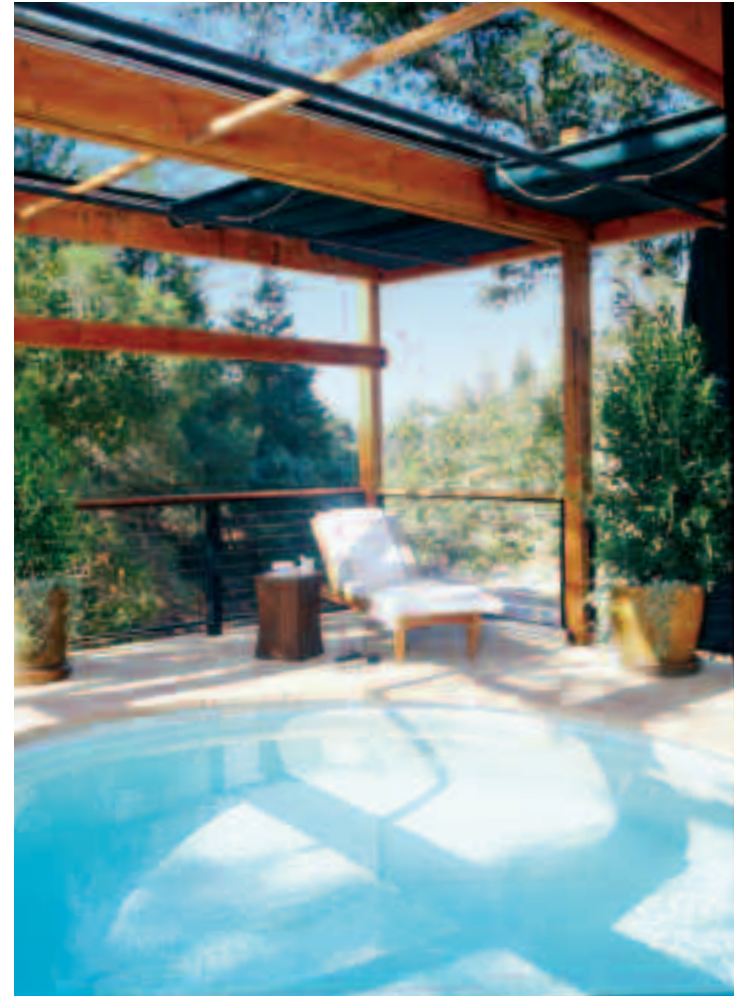




AUBERGE RESORT

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THE BATHHOUSE



CALISTOGA RANCH
An Auberge Resort



THE BATHHOUSE

THE CALISTOGA TRADITION

Nestled in the wooded canyon of Calistoga Ranch, the Bathhouse has revived the classic Calistoga spa experience, and the tradition of “taking the waters,” with a new level of luxury and sophistication. Calistoga’s rich history, as one of the original spa towns in the United States, continues to attract those looking to experience its curative powers. At Calistoga Ranch, our soaking pools overlook the creek and moss laden oaks, creating the perfect atmosphere to begin your journey of relaxation.

THE BATHHOUSE CURES

Enhance circulation and nourish your body in our therapeutic salt or mud baths. Each bath consists of herbal extracts, essential oils, and minerals, and is drawn with your specific needs in mind. Polarity therapy is provided after the bath experience and incorporates gentle rocking and light touch to release energy blockages.

The Calistoga Cure 150 minutes *Our signature treatment*

Invigorate and exfoliate with a therapeutic mineral salt body scrub followed by a private outdoor mud or mineral salt bath. Rest quietly while receiving a balancing polarity session, and finish with our Classic Ranch Massage.

The Classic 120 minutes

Immerse yourself with a mud or mineral salt bath, followed by a balancing polarity session, and finish with our Classic Ranch Massage.

The Traditional 90 minutes

Begin with a mud or mineral salt bath and finish with our Classic Ranch Massage.

The Restoration 60 minutes

Invigorate and exfoliate with a therapeutic mineral salt body scrub and finish with a soothing mud or mineral salt bath.

ROMANCE AT THE RANCH

Couples' Massage 60 or 90 minutes

In our private couples' suite, indulge in a romantic candlelit massage using specially blended warm oils to enhance the senses.

Sensuous Soak 90 or 120 minutes

Surrender to the sensuous sounds of nature while soaking together in our private pool. Together you'll experience our aromatherapy massage, foot revitalizer, and hair and scalp conditioning treatment.

The Ultimate Chocolate Indulgence 120 minutes

Exfoliate and revive your skin with our delicious dark belguim chocolate espresso scrub. A rich chocolate milk bath and cocoa butter massage follow, leaving your skin nourished and moisturized. Perfectly paired with a glass of sparkling wine and divine chocolates.

THE BATHHOUSE AFTER-HOURS

After spa hours, enjoy complete privacy and relaxation while soaking in our pools under the evening starlight. A spa attendant will be available to serve wine, champagne, or other beverages. A roaring fire, two glasses of sparkling wine, and a fruit or cheese plate will set the tone for a perfect romantic evening. Available from 9:00 pm – 11:00 pm.

MASSAGE REMEDIES

Our exceptional team of massage therapists are carefully selected for their healing talents. They incorporate a variety of therapeutic techniques to ease aches and pains, while providing deep relaxation during each treatment.

The Classic Ranch Massage 60 or 90 minutes

Using a firm, nurturing touch and a variety of bodywork methods, this massage is designed to meet your individual needs. We use our own special blend of eucalyptus and bay laurel oil.

Therapeutic Deep Massage 60 or 90 minutes

A deeper massage targeting specific areas of muscle tension to ease chronic and acute areas.

Warm Herbal Infusion Massage 60 or 90 minutes

Aromatherapy inhalation and compressions of herbal infused warm towels, prepare the body to receive a soothing and deeply relaxing massage.

Arnica Muscle and Joint Massage 60 or 90 minutes

Anti-inflammatory extracts of arnica are blended with rosemary and bay laurel to relieve muscle soreness, joint stiffness and promote circulation. This is an excellent treatment to alleviate arthritic discomfort.

Canyon Sage Warm Stone Massage 90 minutes

Melt away tension and sink into deep relaxation as the stones radiate comforting warmth and invigorating cool. Achieve inner harmony with this restorative experience.

Restorative Remedy Massage 60 or 90 minutes

Soothe a stressed nervous system and restore balance with the healing powers of aromatherapy massage. A perfect essential oil blend is created just for you.

The Stress Release 60 or 90 minutes

Our customized full body massage begins with warm towel compresses to ease muscle tension. This massage concentrates on the neck, shoulders and lower back, and finishes with pressure point stress release work to the face and temples.

Mother's Massage 60 or 90 minutes

A soothing and nurturing massage designed for pregnancy or postpartum. Our body cushion allows you to lie comfortably on the table, easing any back tension, while the massage restores your inner harmony.

Experience our outdoor massage located by our private soaking pool, weather permitting

HOME ON THE RANCH—IN-LODGE SERVICES

Let us create a private spa retreat in the privacy of your own guest lodge. We provide everything you need to ensure the utmost in relaxation. All Massage Remedies and Ranch baths, excluding our Warm Herbal Infusion Massage, Stress Release Massage, and Canyon Sage Stone Massage, may be enjoyed in your room. Guests that choose in-lodge services may enjoy our soaking pool and use of our steam at anytime during Bathhouse hours.

BODY ENHANCERS 30 minutes

Add to any massage

Foot Reflexology

Reduce stress, improve circulation, and experience a deep state of relaxation. It will be the best thirty minutes of your day!

Hair and Scalp Renewal

Indulge in pure luxury! Our signature hair treatment provides intense therapy for the hair, renewing the natural body and shine. Includes a relaxing scalp massage and replenishing hair mask.

Skin Hydration Treatment

Perfect for those with sun damage or dry skin in need of hydration. A calming aromatherapy mist cools, an application of aloe vera gel soothes and calms, and healing lotion applied from head to toe rejuvenates the skin.

RANCH SPECIALTIES

The Auberge Head to Toe 90 minutes

This signature Auberge treatment combines the best of our offerings to create an extraordinary experience from head to toe. A full body massage, hair revitalizer, and hand and foot reflexology create ninety minutes of luxury.

The Calistoga Ranch Mud Wrap 90 minutes

Our therapeutic mud body wrap encourages detoxification while drawing out impurities, leaving your skin refreshed and alive. Enjoy a relaxing foot massage during your cocoon wrap, and finish with a hydrating full body massage.

Cellulite Refining Treatment 90 minutes

Tone specific areas of concern and promote circulation with a full body dry brush exfoliation, followed by a cellulite toning mask. A massage with our specially formulated botanical lotion will leave the skin looking radiant and replenished.

Cabernet Classic 90 minutes, 120 minutes with Wine Bath

Embark on a journey of the wine country with our red wine body scrub made from antioxidant-rich crushed grape seeds simmered in red wine. Conclude with a silky grapeseed oil massage.

Oat and Brown Sugar Body Scrub 90 minutes, 120 minutes with Buttermilk Bath

Brown sugar and oats are combined to create a delicious and enriching exfoliation for even the driest skin. Finish with a walnut oil massage.

Almond and Lavender Body Polish 90 minutes, 120 minutes with Lavender Bath

Combine the skin-loving nutrients of almonds with the reparative properties of lavender in this hydrating body polish. Finish with a sweet almond oil massage.

In addition to our Ranch Specialties, we offer a variety of seasonal treatments.

LAVISH SKINCARE

We offer a holistic approach to skin care using results oriented, natural and organic products by Naturopathica and Eminence. Beginning with aromatherapy, our facials include deep cleansing, lymphatic facial massage, exfoliation, extractions, mask, and hand and foot care.

Soothing Bulgarian Rose Facial 75 minutes

A gentle facial for delicate or sensitive skin. Bulgarian Rose is excellent for reducing redness and soothing irritation.

Cucumber and Collagen Anti-Aging Facial 75 minutes

This anti-aging facial targets the eye and lip area to plump the skin and minimize fine lines. Cool cucumber reduces puffiness and firming collagen tightens and lifts for a more youthful radiance.

Stone Crop Facial 75 minutes

Target hyperpigmentation, uneven skin tone and sun spots. This plant based custom facial will heal, brighten and calm even the most sensitive skin.

Cherry Radiance Facial 75 minutes

Rich in antioxidants, this cherry wine mask will brighten and stimulate cell renewal leaving you with a radiant glow. A great treatment for pigmented or dehydrated skin.

Harvest Pumpkin Enzyme Facial 75 minutes

Our active enzyme of pumpkin will clear congested pores, remove impurities, and smooth fine lines, leaving the complexion with a natural, healthy glow.

The Ultimate Ranch Facial 90 minutes

Pure indulgence for your face, eyes, décolleté, hands, and feet. Our extensive facial and eye treatments are paired with a soothing aromatherapy foot soak and fresh organic herb scrub. Finish with a refreshing beverage and bask in the glow!

THE LUXURY OF PARAFFIN

Add to any 75 minute facial

Heavenly Hands 15 minutes

An organic herb scrub topped off by a paraffin wrap and hand massage, will leave the hands satiny smooth and supple.

Foot Refresher 15 minutes

Your feet deserve a special treat! An invigorating citrus scrub and a deeply conditioning paraffin wrap will soften dry, rough areas leaving your feet refreshed and renewed.

FACIAL ENHANCERS

Enhancers can be added to any facial without extending treatment time.

Bright Eyes

Whether your eyes feel puffy or tired, our eye mask of collagen and fresh cucumber will brighten, soothe and hydrate.

Luscious Lips

Begin with an exfoliation to refine, follow with a collagen mask to plump and soften. Finish with a shea butter balm for a velvety smooth finish.

Youthful Decolette

Reduce the effects of sun damage and minimize the signs of aging. Exfoliation, mask, and moisturizing sun protection will leave you with a radiant, youthful decolette.

Our estheticians will prescribe an effective home care program for optimal results.

Waxing services available, please call for details.

TAKING THE WATERS AT THE BATHHOUSE

Private Baths *30 minutes*

Submerge your senses with the sights and sounds of nature while soaking in your private outdoor bath tub, in quiet solitude or as a couple. A bath may be added to any of our massage remedies, facials, or scrubs.

Cabernet wine bath – Nourishes the skin and rich in antioxidants

Mud bath – This liquid mud bath detoxifies and purifies

Stress Relief – Chamomile and lavender quiet the mind and body

Body purifying – Cleanse and moisturize with grapefruit, lemongrass and juniper

Muscle soother – Eucalyptus and rosemary for strains and stiffness

Restful sleep – Mandarin, neroli and vetiver provide blissful serenity

Buttermilk bath – Hydrates the skin and calms the senses

Chocolate milk bath – Delicious and skin softening

Organic blood orange – Promotes healthy and glowing skin

Lavender harvest – Calming and balancing

Bubbles and Bubbles *30 minutes*

Submerge your senses in an intoxicating champagne bubble bath, as you sip away cares with local sparkling wine. Soak in the privacy of our outdoor bath tub or in your own lodge. Pure luxury!

Healing Water Massage *60 minutes*

Inspired by Watsu, this extraordinary massage in the water achieves profound results through gentle stretching and movement, while the body is supported by your therapist. Our private pool is the perfect setting for this incredible experience. Please bring your comfortable swimsuit.

Water and Earth *90 minutes*

Experience the true essence of the Bathhouse – guided massage, movement and stretching in the water, and an indoor or outdoor Classic Ranch Massage. Achieve a perfect state of harmony and serenity with this exceptional combination. Bring your comfortable swimsuit.

Ranch Retreat *150 minutes*

Revive your senses with our cabernet body scrub, made from antioxidant-rich crushed grape seeds simmered in red wine, followed by a relaxing grapeseed oil massage. Adjourn to our private pool and enjoy a healing water massage as the therapist guides you on an unforgettable journey.

Soak and Steam

No time for a massage but need to decompress? Soak in our heated mineral pool and revitalize in our uplifting eucalyptus steam. Feel completely renewed!

Private Soaking Pool *60, 90 OR 120 minutes*

Overlooking the creek with a stunning view of Lake Lommel, couples or small private parties can “take the waters” by the hour in our private soaking pool. An attendant will assist with any special requests.

BATHHOUSE PACKAGES

Valley Varietal *3 hours*

exfoliation/hand and foot revitalizer/massage/facial

Treat yourself to an array of replenishing grapeseed treatments. Begin with a rich exfoliation, followed by a soothing hand and foot revitalizer. Finish with a restorative massage and a hydrating facial to leave your skin glowing.

Good Enough to Eat *3 hours*

exfoliation/bath/massage/facial

Indulge your senses with our oat and brown sugar exfoliation and a calming-buttermilk bath. A walnut oil massage follows, and a soothing facial finishes this delicious treatment.

Soul Soother *3 hours*

yoga/remedy massage/lunch

A true balance of healthy mind and body begins with a personalized yoga session in the privacy of your own lodge. Follow with a customized aromatherapy massage at the spa, and finish with chef’s lunch special at the Lake House restaurant. A day of relaxation to remember!

Ranch Retreat *2.5 hours*

exfoliation/massage/water massage

Revive your senses with our cabernet body scrub, made from antioxidant-rich crushed grape seeds simmered in red wine, followed by a relaxing grapeseed oil massage. Adjourn to our private pool and enjoy a healing water massage as the therapist guides you on an unforgettable journey.

HAND AND FOOT REVITALIZERS WITH REFLEXOLOGY *60 minutes*

Our revitalizers begin with a relaxing foot soak and an invigorating exfoliation to soothe and soften tired feet. A neck and shoulder massage, followed by hand and foot reflexology, is the perfect finish.

Choose from **Blue Mint**, a rich invigorating peppermint tea tree blend, or **Harvest Medley**, an earthy antioxidant cabernet grapeseed blend.

ESPECIALLY FOR MEN

Gentleman’s Facial *75 minutes*

Includes deep cleansing with lymphatic stimulation, and a soothing hand and foot massage. Please shave at least two hours prior to facial.

Sports Massage *60 or 90 minutes*

Great for active men, the anti-inflammatory extracts of arnica blended with rosemary and bay laurel relieve muscle soreness.

Canyon Sage Warm Stone Massage *90 minutes*

Melt away tension and sink into deep relaxation as the stones radiate comforting warmth and invigorating cool. Achieve inner harmony with this restorative experience.

The Stress Release *60 or 90 minutes*

Our customized full body massage begins with steaming warm towel compresses to ease muscle tension. The massage concentrates on the neck, shoulders and lower back, and finishes with pressure point work to the face and temples.

BODY/MIND ADVENTURES

Yoga

Discover a renewed sense of well-being with a private or group yoga session. Whether you are a beginner or an experienced yogi, our expert instructors will customize your class to suit your individual needs.

State of the art indoor/outdoor fitness center Personal Training

Hiking Trails on property

ADDITIONAL INFORMATION

Spa Reservations

Please call 707.254.2820 or e-mail us at spa@calistogaranch.com

Hours of Operation

8:00am – 8:00pm

Hours subject to change.

Check-In

We invite you to check in 30 minutes prior to your appointment. This will allow for time to enjoy the Bathhouse soaking pool and steam room before your treatment.

Medical

Please inform us of any medical conditions or special needs that require our attention. If you have high blood pressure or are pregnant, please avoid any heat treatments.

Gratuities

In appreciation for outstanding service, gratuities may be given to the staff at your discretion. An amount of 18% is customary.

What To Wear

The robe and sandals provided in your lodge are the perfect attire for a day at the Bathhouse. A locker will be provided upon your arrival. The Bathhouse soaking pool is co-ed, please bring a swimsuit.

Late Arrivals

We regret that arriving late will deprive you of valuable treatment time.

Cancellation Policy

If it is necessary to change or cancel your appointment, please do so by 7:00pm the evening prior to avoid being charged in full for your treatment.

